

# OBAT TTA Guest Speaker

## *Group-Based Treatment for Opioid Use Disorder (GBOT!): The Evidence and Nuts and Bolts to Implementation*

**Randi Sokol, MD, MPH, MMedEd**



Randi Sokol, MD, MPH, MMedEd is a core faculty member at the Tufts Family Medicine program, where she is involved in clinical work, teaching, research, and advocacy, specifically around vulnerable populations that struggle with substance abuse and mental health issues. She helped start group visits for substance abuse at the Malden Family Medicine site, which have now been running for over 4 years, and now runs the Pain and Addiction Curriculum and the Group Visit curriculum for the residents. She has recently become very involved in research related to Group Based Opioid Treatment (“GBOT”), a term she coined in the medical literature and has presented at several national conferences and provides individual consultation to clinics and residency program looking to treat addiction through a group-based model. Randi has subsequently become Board certified in Addictions Medicine and PSCC-certified to train providers to become Buprenorphine waivered.

